

# BUTTE SCHOOL DISTRICT FALL 2023 WELLNESS CHALLENGE!

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The challenge will start on October 23, 2023!  
This is your chance to prioritize your health!

- 6-week challenge
  - Friendly competition between schools/departments
  - Prizes offered throughout the challenge
  - Registered Dietitian to support you throughout the challenge
  - You can cater the challenge to your unique needs/goals
  - Start the new year feeling good about your health/wellness!!
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**Registration starts today.**

Visit: <https://crimson-dawn-683.myflodesk.com/bsdfallchallenge2023>

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Or email Katie at [pipinichkr@bsd1.org](mailto:pipinichkr@bsd1.org)  
with your full name and which  
school/department you are with.