

## Summer 2023 - R.O.C.K.I.E.S. Camps

**Days: Monday - Thursday (No Classes Friday)**

**Location: East Middle School**

**Breakfast: 8:00a.m. - 8:30 a.m.**

**Lunch: 11:30 a.m. – 11:55 p.m.**

An informational email will be sent home a week or two before camp begins with your child's activity(s) camp teacher and classroom number.

Please check dates and times while applying to camps so your camps do not overlap. - Thank you

### K - 3 Camps

Session 1: June 17- June 20

#### **Fit & Fun**

**Camp Leader:** Anna Keltner

**Date:** June 17th – June 20th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** Kindergarten – 3rd

Fit & Fun campers will be introduced to a variety of skills and agility instruction focusing on coordination and balance. The camp will foster a positive learning experience for students' physical, mental/emotional, and social health that will include games, challenges, and obstacles. The camp will provide encouragement through exercise while encouraging a growth mindset, perseverance, and positive peer interactions.

#### **Full STEAM Ahead**

**Camp Leader:** KD Kennis & Jacqui Dinius

**Date:** June 17th – June 20th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** Kindergarten – 3rd

Full STEAM Ahead (Science, Technology, Engineering, Art, and Math) campers will be presented with an introduction to STEAM. Campers will be introduced and encouraged to have a growth mindset, and employ problem solving skills. Campers will explore, design, and create projects that combine Science, Technology, Engineering, Art, and Math. All projects will guide student inquiry and give campers a chance to have a deeper understanding of the world they live in.

## Got Game? Summer PE Camp

**Camp Leader:** Katie Merrifield, Katie Whitaker, Chrissy Donaldson, Niki Cetraro, Chad Jonart

**Date:** June 17th – June 20th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** Kindergarten – 3rd

This is a fun opportunity for K – 3 students to be active. Summer is the perfect opportunity to play games while learning cooperation skills and while building gross and fine motor skills.

Session 2: June 24- June 27

## Flag Football

**Camp Leader:** Casey Dennehy

**Date:** June 24th – June 27th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** Kindergarten – 6th

Campers will learn skills and participate in drills that are a part of flag football. There will also be fun and challenging competitions.

## Art Around the World

**Camp Leader:** Ruthellen Ruppel

**Date:** June 24th – June 27th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** 3rd–4th (4<sup>th</sup>- register in the 4<sup>th</sup> grade section)

Campers will jump around the world to learn about art representative of certain regions. They will then create their own pieces of art reflective of what they have discovered. This will be a fun and engaging camp with a new piece of art created each day.

## Strong and Healthy Me

**Camp Leader:** Jenny McEwen

**Date:** June 24th – June 27th (Monday – Thursday only)

**Time:** 12:00 – 2:00

**Grade:** Kindergarten – 3rd

Campers will gain knowledge and skills that promote healthy habits to be the strongest and healthiest versions of themselves. This camp will highlight the basics of health and allow campers to participate in activities to increase physical health and nurture mental health. Campers will explore and cook healthy snacks, while also engaging in creative activities to boost brain power.

## Happy Minds Mindfulness Camp

**Camp Leader:** Tressa Johnson  
**Date:** June 24th - June 27th (Monday – Thursday only)  
**Time:** 12:00 - 2:00  
**Grade:** Kindergarten – 3<sup>rd</sup>

The Mindfulness Camp will bring activities to campers that center around self-control, awareness, relaxation, and coping techniques. Campers will immerse themselves in mindfulness techniques, exercises, and art projects.

Session 3: July 8- July11

No K- 3 Sessions

Session 4: July 15- July 18

## Music FUNdamentals

**Camp Leader:** Denise Rauch  
**Date:** July 15th – July 18th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** Kindergarten- 1st

Campers will learn new music skills music through singing, playing instruments, dancing, and games.

Session 5: July 22- July 25

## Volleyball Plyos

**Camp Leader:** Wendy Wadas  
**Date:** June 22th – June 25th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** Kindergarten – 3rd

Campers will learn the game of volleyball including the fundamental skills associated with bumping, setting, spiking and serving, and rules associated with the game.

## Adventures in STEM

**Camp Leader:** Jori Liva  
**Date:** July 22th - July 25th (Monday - Thursday Only)  
**Time:** 12:00- 2:00  
**Grade:** 1st – 3rd

Adventures in STEM (Science, Technology, Engineering, and Math) is an adventure of fun-filled projects and experiments that will give campers a better understanding of how and why things work.

Session 6: July 29- August 1

### **Art Through the Ages**

**Camp Leader:** Monica Matthiesen  
**Date:** July 29th – August 1st (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** Kindergarten – 3rd

Campers will study different artists, art periods, and create art in their styles. Campers will look at art, read about artists, watch videos, and create art.

### **Art Palooza**

**Camp Leader:** Jori Liva  
**Date:** July 29th - August 1st (Monday - Thursday Only)  
**Time:** 12:00 - 2:00  
**Grade:** Kindergarten – 3rd

Art Palooza is a fun-filled week of hands-on art projects. The camp is 4 days of adventurous creativity and imagination for students in grades K-3. Students will explore a variety of art techniques and let their imaginations run wild to create a masterpiece of their own.

### **Music FUNdamentals**

**Camp Leader:** Denise Rauch  
**Date:** July 29th – August 1 18th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 2nd – 4th (4<sup>th</sup> grade sign up will also appear in the 4th-6th section if you have a 4<sup>th</sup> grade student when registering)

Campers will learn new music skills music through singing, playing instruments, dancing, games.

### **4th - 6th Grade Camps**

Session 1: June 17- June 20

No 4<sup>th</sup> – 6<sup>th</sup> Camps

## Session 2: June 24- June 26

### **Fit & Fun**

**Camp Leader:** Anna Keltner  
**Date:** June 24th – June 27th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th –6th

Fit & Fun campers will be introduced to a variety of skills and agility instruction focusing on coordination and balance. The camp will foster a positive learning experience for students' physical, mental/emotional, and social health that will include games, challenges, and obstacles. The camp will provide encouragement through exercise while encouraging a growth mindset, perseverance, and positive peer interactions.

### **Lights, Camera, Action....It's Time for Multimedia!**

**Camp Leader:** KD Kennis & Jaqui Dinius  
**Date:** June 24th – June 27th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Lights, Camera, Action ...It's Time for Multi Media will present campers with an introduction to STEAM. Campers will be introduced to have a growth mindset and employ problem solving skills. Campers will explore, design, and create projects that combine Science, Technology, Engineering, Art, and Math. All projects will guide student inquiry and enable campers a chance to have a deeper understanding of the world they live in.

### **Flag Football**

**Camp Leader:** Casey Dennehy  
**Date:** June 24th – June 27th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** K – 6th

Campers will learn skills and participate in drills that are a part of flag football. There will also be fun and challenging competitions.

### **Art Around the World**

**Camp Leader:** Ruthellen Ruppel  
**Date:** June 24th – June 27th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 3rd-4th (Register 3<sup>rd</sup> grade in the 3rd grade section)

Campers will jump around the world to learn about art representative of certain regions and then create their own pieces of art reflective of what they have discovered. This will be a fun and engaging camp with a new piece of art created each day.

### Session 3: July 8-July 11

#### **Detective Discovery Camp: CSI Edition**

**Camp Leader:** Misty Cunningham  
**Date:** **July 8th - July 11th** (Monday – Thursday only)  
**Time:** 12:00- 2:00  
**Grade:** 4th– 6th

This camp will offer an exciting journey into the world of forensic science, investigation techniques, and problem-solving. The goal is to provide young minds with hands-on experiences allowing them to explore forensic tools and methods. Through these engaging activities, campers will develop and refine observational skills while gaining the ability to identify and interpret several types of evidence. Fascinating topics to be covered: DNA analysis, blood evidence, fingerprinting, hair analysis, and fiber analysis.

#### **Technology and A.I. Camp**

**Camp Leader:** Casey Dennehy  
**Date:** July 8th – July 11th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Students will learn about technology on the computer and A.I. tools that are available to help students navigate both computers and current technology,

#### **Art Around the World**

**Camp Leader:** Ruthellen Ruppel  
**Date:** July 8th – July 11th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** **5th– 6th**

Campers will jump around the world to learn about art representative of certain regions and then create their own pieces of art reflective of what they have discovered. This will be a fun and engaging camp with a new piece of art created each day.

#### **Strong and Healthy Me**

**Camp Leader:** Nurses Mrs. Jenny McEwen & Mrs. Katie Yates  
**Date:** July 8th – July 11th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Campers will gain knowledge and skills that promote healthy habits to be the strongest and healthiest versions of themselves. This camp will highlight the basics of health and allow campers to participate in activities to increase physical health and nurture mental health, explore and cook healthy snacks, and engage in creative activities to boost brain power.

Session 4: July 15- July 18

### **Pickleball**

**Camp Leader:** Kristine Anderson  
**Date:** July 15th – July 18th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Pickleball is the fastest growing sport in America. The objective is to teach kids how to play the game in a fun and organized manner.

### **Art Through the Ages**

**Camp Leader:** Monica Matthiesen  
**Date:** July 15th – July 18th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Campers will study different artists, art periods, and create art in their styles. Campers will look at art, read about artists, watch videos, and create art.

Session 5: July 22- July 25

### **Tynkering around with 3D Printing and Robots**

**Camp Leader:** Kristy Wiley and KD Kennis  
**Date:** June 22th – June 25th (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Tynkering around with 3D Printing and Robots is designed to expose campers to the world of STEAM through Tynker Cad, 3D printing, and Robots. Students will learn about the design process with Tynker Cad and then make their own project come to life through 3D printing. Sphero Robots will be used to introduce campers to the world of coding through programming and game playing with the robots.

## Detective Discovery Camp: CSI Edition

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**Time:** 12:00- 2:00  
**Grade:** 4th– 6th

This camp will offer an exciting journey into the world of forensic science, investigation techniques, and problem-solving. The goal is to provide young minds with hands-on experiences allowing them to explore forensic tools and methods. Through these engaging activities, campers will develop and refine observational skills while gaining the ability to identify and interpret several types of evidence. Fascinating topics to be covered: DNA analysis, blood evidence, fingerprinting, hair analysis, and fiber analysis.

## Happy Minds Mindfulness Camp

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The Mindfulness Camp will bring activities to campers that center around self-control, awareness, relaxation, and coping techniques. Campers will immerse themselves in mindfulness techniques, exercises, and art projects.

Session 6: July 29- August 1

## Volleyball Plyos

**Camp Leader:** Wendy Wadas  
**Date:** June 29th – Aug 1st (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 4th – 6th

Campers will learn the game of volleyball including fundamental skills and the rules associated with the game.

## Music FUNdamentals

**Camp Leader:** Denise Rauch  
**Date:** July 29th – August 1 (Monday – Thursday only)  
**Time:** 12:00 – 2:00  
**Grade:** 2nd – 4th (2<sup>nd</sup> and 3<sup>rd</sup> grade will also appear in the K-3 sign up section when registering)

Campers will learn new music skills music through singing, playing instruments, dancing, games.